

Note:

1. There are evidence to support that 75% of cardiac arrests happen at home and CPR is a technique which doubles up the chances of survival from emergency situations.
2. That is the reason me and all of us should be well acquainted with this technique.



**BARODA HEART INSTITUTE
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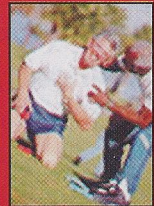
CPR

(CARDIO PULMONARY RESUSCITATION)

for the community and workplace

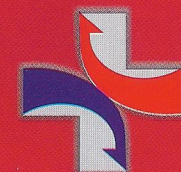
Learn to recognize
life-threatening emergencies

Heart Attack Cardiac Arrest



Stroke Choking

and save life by CPR





What is CPR?

Cardio Pulmonary Resuscitation (CPR) is an emergency protocol for an unresponsive person with the purpose of saving life.

Why CPR training?

There is evidence to support that 75% of cardiac arrests happen in people at home and CPR doubles the chance of survival following sudden cardiac arrest.

What will I learn in the CPR training program?

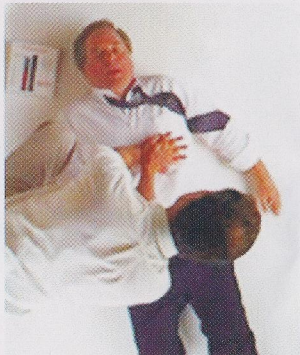
Through the CPR training program, you will

- Learn how to identify a "cardiac arrest".
- Learn how to act promptly so as to save life.
- Learn how to correctly take a pulse.
- Learn how to identify "choking"
- Learn how to relieve choking
- Learn individual & team resuscitation.

When to give CPR?

Through the CPR training program, you will learn to identify life threatening emergencies like:

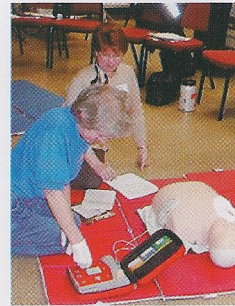
1. Cardiac Arrest
2. Stroke
3. Choking
4. Drowning



CPR at BHIRC

The CPR workshop conducted at BHIRC is one more step in our endeavor to promote awareness.

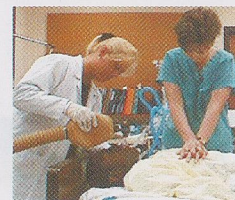
- This is a one day programme which covers all the basics of CPR.
- It provides detailed information about the techniques of CPR.
- It enables you to know how to identify as well as help an emergency case of cardiac arrest / shock.
- All the information is provided by an easy to understand presentation and demo session by our faculty.



Certificate of attending workshop on CPR training at BHIRC

CPR training programme is a one day programme lasting for 6 - 8 hours. It covers:

- Anatomy and physiology of cardiovascular and respiratory system.
- Life threatening emergencies.
- Basic of adult CPR
- Technique of CPR for One & Two rescuer.
- Technique for relieving choking in adults.
- Demo session by trained faculty.
- Practical session on manikins.



The CPR training is followed by a written and practical test.

Candidates who successfully complete the course and test will be given a certificate of attending a workshop on CPR.

Who can enroll for CPR training?

This course is designed for health care providers, health care students, executives, fitness instructors & all those people who want to rescue life in danger.

Certification

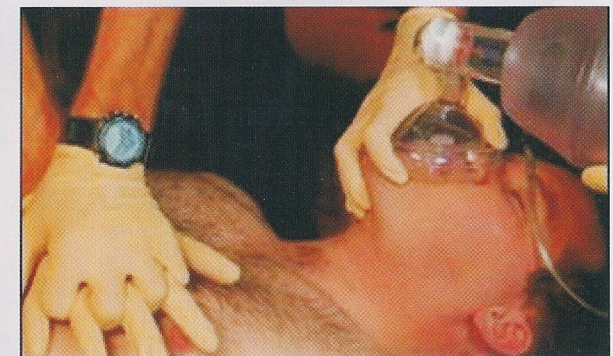
On successful completion of the course each candidate will be given a certificate.

However candidates who fail to perform successfully in practical sessions will not be entitled to a certificate.

Registration fees

The candidates for CPR need to pay Rs. 1000/-. The fees include :

1. The course material
2. Training session lasting for 6-8 hours.
3. Theoretical & practical test following the training session.
4. Certificate of attending the workshop
5. Tea and snacks during the break.



LEARN CPR
You Can Do It!